

# Carey Cosmetic Surgery Center

*Creating the look you want – Making a real difference in people's lives*

Newsletter

www.ashercaresmd.com

Carey  
Medispa

## OBAGI MEDICAL

Obagi is simply the most fantastic skin care line that we have had the pleasure to use, and the results are striking. New patients, as well as others who have been with us for some time, have had wonderful improvement. I could spend an hour discussing the research and science that went into these products, but what is important to know is that the ingredients and delivery system result in smoother, tighter skin, less fine wrinkles, tighter pores, and resolution of most of those splotchy, spotted areas. It works on everyone --- and all skin types and sensitivities. Our patients see a rapid improvement and their friends start noticing shortly thereafter, By the end of the treatment, most patients say that their skin has not looked this good in years! I suggest that any one that wants to take the next step toward a glowing complexion, check with Cindy. She will evaluate your skin and explain how Obagi will work for you.

OBAGI<sup>®</sup>  
MEDICAL

## JUVEDERM™

Finally, a "filler" that lasts 12 – 15 months. Although we also still use Restylane® because it is safe and effective, I have been waiting for a product that will reduce the number

of visits our patients need. Juvederm™ was recently approved by the FDA. It is an injectable gel that helps to instantly restore your skin's volume and smooth away facial wrinkles and folds. Juvederm™ is made of hyaluronic acid – a naturally occurring substance in your skin that helps to add volume and hydration. It has been proven to be safe and effective for everyone. The results are immediate and can be seen prior to leaving our office. More importantly too, our patients can immediately apply their make-up and return to work. Juvederm™ can be used to plump lips, fill those deep folds around the corners of the mouth, and smooth the hollows under the eye. These are the

most common uses for Juvederm and the list is getting longer as new applications arise. Many of our patients have used the filler along with Botox and have avoided moving on to surgery, while some of our cosmetic surgery patients have used these products for further improvement and to help maintain the result. It only takes 15 -20 minutes for most injections done painlessly with a topical anesthetic and a cold compress. I will be discussing other uses in future newsletters.



## JANE IREDALE

Jane Iredale has a new fall line of products and is again a tremendous success. The "From me to You" collection features a lip duo that exfoliates and plumps your lips. Our staff likes the copper liquid eyeliner so much that they are all using these products. Jane Iredale is called the skin care makeup because it contains natural ingredients that improve the texture and color of your skin. Give it a try and you will see and feel the difference.

**WELCOME!** Over the years, our patients have frequently asked us to keep them informed about the latest, most effective ways to help them look their best. I decided to start a newsletter as a way to keep you updated about this ever changing field.

Let me know what you think...and please email or call with any suggestions, comments or questions. I hope you find the topics we cover to be interesting and informative. Please let me know if there are particular topics that you would like to be included in future issues. Also, be sure to keep an eye out for periodic promotions, gift certificates and upcoming events. From time to time, we schedule small seminars with national authorities who visit our Medispa so you can get another perspective on looking your best. Cindy wants to remind you that she is always willing to arrange and meet with you and/or a group of your friends to discuss topics of your choice.

Fall is here and it is time for many of our patients to repair the sun damaged skin from the summer months. There is plenty of time to look great for the holidays. We continue to offer micro-dermabrasion and vibrodermabrasion as well as light chemical peels. In addition, we now have some new products that will interest you. Let's talk about some new additions at the Carey Medispa that you may not be aware of.

But first---MEET OUR STAFF!



Dr. Asher Carey, Director, Cindy Carey R.N., Skin Care Specialist, and Joan Good, Clinical Assistant.

*Beautiful Skin Naturally*